

My Chiropractic Experience



“I was suffering from asthma and allergies until my wife convinced me to give chiropractic care a try.”

I had been suffering from allergies and asthma. I also had pain in my neck and lower back. I would wake up with stiff necks. There were two instances at work that I felt my back go out and there was sharp pain. When my asthma was at its worst I wouldn't be able to breathe and would end up at the emergency room. When I was a kid I received shots for reactions. I played baseball as a child and my asthma got in the way. I couldn't run or swim without losing my breath.

I was skeptical of chiropractors before beginning care. My wife was coming for her migraines. I would come with her and I began to learn more about chiropractic care through my visits with her. After she saw results of her own, she pressured me to give it a try. My opinions now have definitely changed. Before being care, I saw an allergist. I did not see any results. I felt like all they did was try different drugs and shots, and when those didn't work they wanted to perform expensive x-rays of my nose since they couldn't figure out my problem.

My allergies have gotten better. My neck is improved and I do not suffer from lower back pain. My asthma is now only seasonal. I have noticed that my hips seem straighter and my posture has improved since beginning care.

Please Feel Free To Use This Sheet To Promote The Benefits Of Chiropractic Care.

Signed