

# My Chiropractic Experience



**“I have not had a panic attack in the last 3 months.”**

My name is Marie Busca and I began chiropractic care because I was having irritable bowel syndrome and nausea for many, many years as well as having an anxiety condition for most of my life. At its worst the nausea was pretty chronic. I experienced it at least once a day for months on end. The anxiety was really bad. I had daily panic attacks. It was a condition that was there 24/7. I had previously gone to a chiropractor for pain, but it only helped temporarily, and it didn't help my anxiety or irritable bowels. I have also tried counseling for the anxiety for many years, but it did not help. Medications were suggested for both conditions, but I chose not to take them. Since beginning care, I have not had a panic attack in the last 3 months. The anxiety seems very minimal now, and I have not had any digestive problems. I have also noticed that I now feel more confident, more energetic, and happier. My life just seems better. I am thrilled to death that I came here because my life is just looking brighter.

Please Feel Free To Use This Sheet To Promote The Benefits Of Chiropractic Care.

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