

My Chiropractic Experience



“I feel like I am getting younger instead of older”

My name is Pete and I began care for arthritis in my shoulders. It was very painful. It was constant pain and would wake me up at night throbbing. It affected my daily life because my range of motion was very limited. I had a hard time doing simple things like putting my daughter in her baby chair or car seat. I had been to a chiropractor before, but he was the type that would “fix” you and send you on your way. I have always had a good opinion of chiropractic. Since beginning care here I have made a lot of progress. In regards to my shoulder it has gone from a 9 to a 2 on the pain scale with 10 being the worst. The thing about this clinic is that besides dealing with the pain, they offer all sorts of tools to get your health back in order. I took the 40 day challenge, and besides just coming here to begin with, it is one of the best things I have ever done for myself. It encouraged me to quit smoking, which I did. I am also working out and taking hap ki do. I am moving and doing cardio work. I feel like I am getting younger instead of older. I found the office through another patient. The staff here is outstanding. My whole family comes now and this is the best thing we have done for our health.

Please Feel Free To Use This Sheet To Promote The Benefits Of Chiropractic Care.

Signed