

# My Chiropractic Experience



**“We know that without Chiropractic, I would not be where I am today.”**

I began Chiropractic care because I had very little verbal skills, my physical abilities were very limited, and I had very poor eating habits. At its worst, it was very difficult for others to communicate with me, I showed very little interest in social life, gave no eye contact whatsoever, and sometimes I would get very frustrated and just shut down.

My mom said she would have never thought it would help. I had been to over twenty doctors, everyone from neurology to cardiology. No doctor ever had an answer for anything. My mom thanks God that I have never been on any medication, because she did not believe in medicine. She said that when she thought of Chiropractic, she thought of old people, back problems, bone problems and things of that nature. We never thought about the spine and nervous system operating the whole body. My mom says that I am now operating as a whole, and my head is much straighter now.

I've been in OT and PT before, but neither seemed to help me as much as Chiropractic has. My mom says that I am very happy to come here and I am energized after having an adjustment. When I see things I want I reach for them, I point to them, I try to sound out words and I am more social. I go to the bathroom on my own now, I go to birthday parties for my friends, and I even eat more! No more toothpick look for me! I am now going into the regular first grade, I am communicating with picture books at school, and I sit down at playtime socializing with others. I also raise my hand to answer questions. There are a great number of side benefits I have also gained as a result of Chiropractic. I have become more independent which makes it easier for my mom at home. I try to help out at home, and I try to get things if someone asks me to help them. In the past, I would not even acknowledge if someone was speaking to me. After my heart surgery my mom was not sure if I lost any oxygen, because my verbal was gone after that. I used to be a shell of a child. Now I jump around, I sing, and I play.

I am so happy that Barbara referred my mother to this office. We know that if Chiropractic were not in my life, I would not be where I am today.