

My Chiropractic Experience



“I had been having headaches since I was in the 3rd grade”

I initially began care because my brother was always sick. He said that maybe getting chiropractic care would be able to help me with my headaches. I had been having headaches since I was in the 3rd grade, and they only became worse by the time I was in the 6th grade. The headaches were ongoing, from mild to severe.

At its worst, the headaches would be so bad that I would throw up because I was so sick. One day when I was in school, I could not see my locker combination because my sight was gone. At times it would be as if pieces were missing, and they would have to let me go home because it would be really bad. My friends thought I was a freak because they did not understand what I was seeing. I also had times where a couple of my teachers would yell at me because I could not see the chalkboard. I would get frustrated many times, and get so mad that I'd just go home. I would see a bright orange light and then a few pieces of what I was looking at.

I had never been to a Chiropractor before. Usually, I would just take Motrin for my headaches. My mother wanted me to take medication, but my doctor at the time said no.

Since starting care I have received about five comments about my posture being better. A teacher of mine also noticed that I was not slouching over like before. When I was coming into the office for the first time, I was telling my mother that I had a bad headache. After my first adjustment, the headache just popped out of my head! It felt really weird because it felt like I had a headache, but I really didn't because **I didn't know what it felt like not to have one!** My allergies are a little better, and I haven't been getting sick because usually I am sick a lot. I've been coming in for over a month, and already all of these changes are happening! I am also more focused in school, and I also fall asleep faster than before.

I am so glad that my mother went to the Moraine Valley Workshop and learned about Chiropractic. I think the office is great, and I can talk to everyone because they are my friends now.

Please Feel Free To Use This Sheet To Promote The Benefits Of Chiropractic Care.

Signed