

My Chiropractic Experience



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My name is Barb and I began care because I knew I needed it, and I had really bad headaches. I have had headaches pretty much throughout my life and have been treated on and off for them. At their worst the headaches were completely debilitating. They were so bad that I would vomit from the pain. I have been to four other chiropractors in the past. I even worked at a facility for 3 years that had a chiropractor who took care of me. I had some relief with past chiropractic care, but not the same as the progress I have made with this office. I have tried different medications just to get rid of the pain. When I began working in the wellness field, I stopped taking the medications, because I knew it was not doing my body any good. The different medications tore my stomach up. Since beginning care here, I have improved significantly. I have seen physical improvement in my x-rays. I also noticed that if I feel a headache coming on, a little ice will help it go away. A side benefit is that I now take time for myself. I knew I needed to, but now I actually do it. I found this office when I met your outreach team at Sunrise Health Foods. This facility runs like clockwork. Everyone is professional, nice, and genuinely concerned about your wellbeing.

Please Feel Free To Use This Sheet To Promote The Benefits Of Chiropractic Care.

Signed