

My Chiropractic Experience



You have to just come here and experience total wellness!

My name is Geri and I have been under care for 3 years. I originally started care for excruciating back pain. I could not stand or walk. I found out it was because of Subluxation. When I began care, I saw results for the back pain or I would not have continued care. What I learned about total body wellness has helped keep my body and my back from being stressed. When I do have a time when my back “goes out” or has a flare up, it is for an extremely short period. It heals in one to two days instead of one to two weeks. One of the biggest changes is that when I started coming to the office, I took Advil every day. I now might take one Advil in an entire month. My sister almost died from taking too many Advil and Tylenol for migraines. She was bleeding internally. Because of this, it is a very important thing that I have been able to stop taking it daily. What has helped me stay committed to my care is the specific information that I have received in how to live a wellness life style. In the beginning I came to all the workshops you offered and all of the extra programs like Body By God. It has taken me these few years to get serious about my own health but the information I learned here has given me the guidance of how to do it. Many places talk about whole wellness in a general way, but they don’t tell you how to get there. Through my own spiritual growth, which I attribute partially to the care I have received here, I have been able to stay committed to my health. The biggest advantage in continuing has been that I have very little back pain and no headaches. The atmosphere here is like a family. I like team work here also. I don’t feel like I have to see a specific doctor to get great care. For anyone who is just starting chiropractic care or is considering it, I tell people this office is different. **You have to just come here and experience total wellness!**

Please Feel Free To Use This Sheet To Promote The Benefits Of Chiropractic Care.

Signed