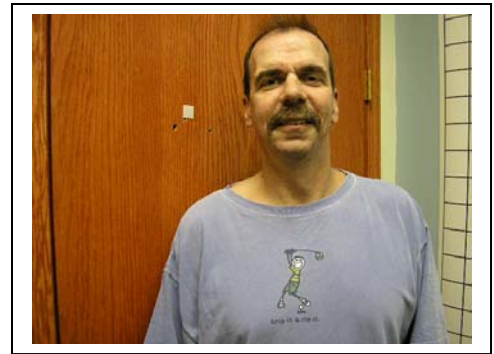


My Chiropractic Experience



“I felt like I was 85 years old.”

My name is Mike Forde and I began care for pain in my lower back. I had a hard time walking or even putting my shoes on. I went to work but I felt like I was 85 years old. I was hunched over and couldn't straighten up. Before starting care here I tried ice, heat and over the counter medications but it did not help. I now feel a thousand percent better. I still have some pain sometimes, but I am able to do what I need to do. I can even play golf. I also noticed that this winter I did not have any flu symptoms. I usually get it once or even twice a winter. I really look forward to coming in for my care. Everyone is very friendly and always smiling here.

Please Feel Free To Use This Sheet To Promote The Benefits Of Chiropractic Care.

Signed