

My Chiropractic Experience



I started chiropractic care because I wasn't feeling good and my cousin recommended that I give it a try. I was looking for alternative health care. I had numbness and tingling in my neck along with a mild case of depression. I also had suffered from chronic ulcerative colitis since I was nineteen. At its worst, my neck worried me because it was getting more tingly. If I was sitting at work, I would feel the numbness and I would worry about what was pressing on the nerves and what internal damage was being done. The colitis was horrible and painful during inflammations and it took control of my body and daily life.

Years ago, I was skeptical of chiropractors. I had heard stories of someone who went to a chiropractor and more damage was done then good. In talking to my cousin who had been under care for three years I felt very comfortable in coming here. I had never seen a doctor for the tingling in my neck. My back pain was caused from car accidents so I did see an orthopedic. Most of my care there involved muscle strengthening and exercises. I was on maintenance medicine for the colitis, but even while taking that I would experience flair ups every two to three years. I had to change medicines to maintain the symptoms from colitis, but the medicine couldn't treat the problem.

Since starting care, my neck is no longer numb. My back feels wonderful and my depression is gone. I feel like I can face every day and not have to worry. I also feel that I have more energy after my adjustments. I just had a colonoscopy to check on my colitis. To my amazement, there are no signs of my body ever having colitis. It has cleared up completely. I haven't taken my medicine since beginning chiropractic care either.

I was referred to the office through Jennifer Serritella. Everyone in the office is wonderful, upbeat, and friendly. You always feel welcome here. I find it extremely impressive that this office sees so many children and babies. I look at that and think wow. You hear the stories from their parents about how their children get adjusted and they don't get sick. To me, it's amazing.

Please Feel Free To Use This Sheet To Promote The Benefits Of Chiropractic Care.

Signed