



Health From Within
Chiropractic • Nutrition • Fitness • Family

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Pediatric

School Aged Children
Wellness Profile and
Application for Care



Patient Information

File _____

Child's Name: _____ Appointment Date: Month _____ Day _____ Year _____

Parent's/Guardian's Names: _____

Home Address: _____

Home Phone: _____ May we leave a message? Yes No

Parent's Cell Phone: _____ May we leave a message? Yes No

Parent's Work Phone: _____ May we leave a message? Yes No

Parent's Email: _____

May we send you text messages as a method of communication? (Your cell phone# will not be shared)
Yes No If 'Yes' - Cell phone carrier company: _____

May we add you to our email newsletter and calendar of events? Yes No (Your email will not be shared)

How did you hear about us? _____

Height (of child): _____ Weight (of child): _____ Birth Date: Month _____ Day _____ Year _____ Age: _____ Sex: M F

Siblings and ages: _____

Previous Chiropractic Care? Yes No

Emergency Contact

Name: _____ Relationship to child: _____

Phone number: _____ Alternate phone number: _____

Family Doctor

Name: _____ Professional Designation: _____

Clinic Name: _____ Date and reason of last visit: _____

May we communicate with your family doctor regarding your child's care if necessary? Yes No

Other Health Care Professionals

(Medical Specialist, Naturopathic Doctor, Homeopath, Physiotherapist, Massage Therapist, etc)

Name: _____

Professional Designation: _____

Date and reason of last visit: _____

Name: _____

Professional Designation: _____

Date and reason of last visit: _____

Why have you decided to have your child evaluated by a Chiropractor?

- He/She is continuing ongoing care from another chiropractor.
- I recently had my spine checked and understand the value in getting my child checked.
- I have concerns about his/her health and I'm looking for answers.
- He/She has a specific condition and I've learned that chiropractic may be able to help.
- I want to improve my child's immune function.





Wellness Profile

The human body is designed to be healthy. The primary system in the body which coordinates health and function is the nervous system. Your nervous system is surrounded and protected by the bones of the spine, called **vertebrae**. Many of the common health challenges that adults experience have their origins during the **developmental years**, some starting at birth. Layers of damage to the spine and **nervous system** occur as a result of various **traumas, toxins and emotional stress**. The result may be misalignment to the spinal column and damage to the nervous system in a condition called **Vertebral Subluxation**. Please answer the following questions to give us a better understanding about your child's state of wellness and factors which may be contributing to vertebral subluxation and impeding your child's **ability to heal**.

What signals has your child's body been communicating?

CURRENT PREVIOUS		CURRENT PREVIOUS		CURRENT PREVIOUS	
	Asthma		Constipation		Asymmetrical Crawling or Gait
	Respiratory Tract Infections		Flatulence		Weight Challenges
	Sinus Problems		Headaches/Migraines		Bed Wetting
	Ear Infections		Neck Pain		Sleep Problems
	Tonsillitis		Torticollis / Head Tilt		Night Terrors
	Strep Throat		Trouble Feeding on One Side		Tip Toe Walking
	Frequent Colds / Croup		Back Pain		Regression of Milestones
	Recurrent Fevers		Growing Pains		Seizures
	Eczema		Scoliosis		Tremors / Shaking
	Rashes		Red, Swollen, Painful Joint		ADD / ADHD
	Allergies		Colic		Autism / PDD / Aspergers
	Food Sensitivities		Frequent Crying Spells		Behavior / Attention Challenges
	Digestive Problems		Failure to Thrive / Slow Weight Gain		Sensory Issues
	Frequent Diarrhea		Slow or Absent Reflexes		Vaccine Injury / Reactions

Do you have a specific concern that brings you in?

No, I'm interested in having my child's nervous system assessed to achieve optimal health and functioning.

Yes: _____

If yes, please answer the following questions:

Was there an apparent injury or event that brought this primary complaint on? No Yes

Does your child have any additional complaints besides the primary complaint?

Second: _____ Third: _____

Does your child appear to be in pain or discomfort? _____ How long has your child been experiencing this? _____

Is it getting better, worse or staying the same? _____ Was the onset sudden or gradual? _____

Have you seen other health professionals regarding this complaint?

No if Yes, whom? _____

What treatment did they use? _____

Has your child taken any medication for this complaint? No Yes _____

Has your child ever experienced this complaint before? No Yes _____

Did they receive any treatment at the time? No Yes _____

Has your child had x-rays in relation to the current complaint? . . . No Yes _____

Prenatal Profile

Adopted Prenatal history unknown Birth history unknown

Complications during pregnancy: No Yes (Brief description) _____

Ultrasounds during pregnancy: No Yes, if so, how many? _____

Medications / Vaccinations during pregnancy No Yes _____

If so which ones and how often? (include OTC): _____

Exposure to alcohol, cigarettes or second hand smoke during pregnancy: No Yes _____



Birth Experience

Location of Birth: Home Hospital Birthing Centre Other _____
 Birth Attendants: Doula Midwife GP OB Other _____
 Medications during labor / delivery (including IV antibiotics) No Yes _____
 Was Pitocin used to induce / speed up labor? No Yes _____
 Were your membranes ruptured by a medical professional? No Yes _____
 Was your child at anytime during your pregnancy in a fetal malposition or malpresentation? No Yes Unsure
 If yes, please describe: Breech Transverse Face / Brow presentation _____
 Was your delivery vaginal or C-section? _____ If it was a C-section, was it planned or emergency? _____
 Were any of the following interventions used during delivery? Forceps Vacuum Extraction Other _____
 Were there any complications during delivery? Yes No _____
 If yes, please specify: _____
 How long was the labor from the first regular contractions to the birth? _____ Hours
 How long was the second stage (the pushing phase) of the labor? _____ Hours
 Was the baby born with any purple markings / bruising on their face or head? No Yes _____
 Any concerns about misshapen head at birth? No Yes _____

Post Natal & Infant History

How many weeks gestation was the baby at birth? ___w ___d / Birth Weight: ___lbs ___oz / Birth Length: ___Inches
 If known, APGAR scores at: 1 minute _____/10 5 minutes _____/10
 Was the baby ever administered to Neonatal Intensive Care? No Yes _____
 If yes, for how long and why? _____
 Were any medications, shots, or vaccines given to the baby at birth? Yes No Unsure _____
 If yes, which ones and why? _____
 Was your child exclusively breastfed? No Yes _____ months
 Was your child breastfed + formula fed? No Yes _____ months
 Did your child show any sensitivities to formula (reflux, eczema, arching back, frequent spit up)? No Yes _____
 What age did you introduce solid foods to your child? _____ months
 Did you introduce cereal or grains within your child's first year? No Yes _____
 Did/Do you practice attachment parenting methods:
 (cosleeping, kangaroo care, elimination communication, feeding on demand, extended breastfeeding etc) No Yes _____
 Did your child spend excess time in any baby devices such as: bouncer seats, swings, bumbos, car seats etc?
 No Yes, Which ones? _____

Physical Traumas

Has your child ever fallen from any high places? No Yes _____
 Has your child ever been involved in a motor vehicle accident or near miss? No Yes _____
 Has your child been seen on an emergency basis? No Yes _____
 Has your child broken any bones? No Yes _____
 Has your child had any previous hospitalizations? No Yes _____
 Has your child had any previous surgeries? No Yes _____
 Does your child spend time using a tablet, computer or video games? Never Rarely Daily Several hrs/day
 Does your child watch tv? Never Rarely Daily Several hrs/day
 Does your child exercise? No Daily Weekly Seasonally
 Does your child play contact sports? No Daily Weekly Seasonally
 Does your child sleep on their Back Belly Sides (Both, Right, Left)
 Does your child carry a back pack? No Yes _____
 Does it weigh less than 15% of their body weight? No Yes _____
 Do they wear their back pack on 2 shoulders? No Yes Sometimes
 Does your child show excessive or uneven shoe wearing out? No Yes _____
 Does your child wear custom orthotics?
 No Yes, For what purpose? _____



Chemical Stressors

Have you chosen to vaccinate your child? No Yes, on a delayed or selective schedule Yes, on schedule

Reason for vaccination: Informed decision Didn't know I had a choice It was recommended

Reaction(s) to vaccination: Fever Welp at injection site Rash Diarrhea Fatigue Prolonged Cry

Seizures Developmental Regression Other _____

Does your child receive annual flu shots? No Yes (informed decision) Yes (recommended by MD)

Has your child been exposed to antibiotics? No Yes

If yes, how many doses in past 6 months? _____ Reason _____

Were probiotics used at the same time as antibiotics? No Yes

Has your child been exposed to medications, including OTC: No Yes

If yes, which ones? _____

If yes, how many doses in past 6 months? _____ Reason _____

How many glasses of water/day does your child have? 0 1-3 4-6 7-9 10+

How many glasses of cow's milk, juice and soda/day does your child have: 0 1-3 4-6 7-9 10+

Does your child eat gluten? No Yes Trying to eliminate from diet

Does your child eat dairy? No Yes Trying to eliminate from diet

Does your child eat refined sugars (white sugar), white bread and pasta? No Yes Trying to eliminate from diet

Does your child eat boxed/frozen foods? No Yes Trying to eliminate from diet

Do you choose organic foods? No Yes If yes, which: Veggies Fruits Meats Grains All

Does your child eat any artificial sweeteners like Splenda, Aspartame, AminoSweet, Diet Soda? No Yes

Does your child follow any other dietary restrictions? No Yes _____

Any food/drink allergies, sensitivities, intolerances? No Yes _____

Is your child exposed to second hand smoke? No Yes _____

Does your child take a probiotic daily? No Yes: _____ CFU's/day

Does your child take vitamin D3 daily? No Yes: _____ IU's/day

Does your child take Omega 3 Fish Oils daily? No Yes: _____ mg/day Capsule Liquid

Other supplements or homeopathics? _____

Goals & Consent

Do you feel your child is developmentally appropriate for their age:

Intellectually: Yes No Emotionally: Yes No Physically: Yes No

What are your top health goals for your child?

Short term (6-12 months): _____

Medium term (1-5 years): _____

Long term (5+ years): _____

Our goals are to provide a detailed assessment of your child's current health status and provide to you the resources for a highly engaged and healthy child whose body is functioning at its absolute peak potential while they grow. Essential to this healthy growth is a nervous system functioning free from interference called subluxations. You've taken an important step for your child's future through a chiropractic evaluation!

Consent to Evaluation of a Minor Child

I _____ being the parent or legal guardian of _____,
(print name of consenting adult) (print name of minor)

I hereby grant permission for my child to receive a chiropractic evaluation including history, spinal scan, examination and x-rays if warranted. Any findings will be communicated before consenting to commencement of treatment, if appropriate. I hereby authorize payment to be made directly to HEALTH FROM WITHIN for all benefits which may be payable under a healthcare plan or from any other collateral sources. I authorize utilization of this application or copies thereof for the purpose of processing claims and effecting payments, and further acknowledge that this assignment of benefits does not in any way relieve me of payment liability and that I will remain financially responsible to HEALTH FROM WITHIN for any and all services I receive at this office.

Consenting Adult's Signature

Date

Doctor's Signature

Date Form Reviewed